



Friday 2nd February 2024

Issue number 739

www.st-marys-truro.cornwall.sch.uk

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Meeting Mrs. Trevithick!

This week, Joy Class had a wonderful time at the Royal Cornwall Museum. The children met Mrs. Trevithick and found out about her inventive husband. As part of a dramatic presentation, pupils handled and discussed artefacts, photographs and models. This workshop linked with the National Curriculum 'significant historical events, people and places in their own locality' and 'the lives of significant individuals in the past'. Joy Class really enjoyed themselves and they even got to make their own clay tile of the famous 'Puffing Devil'.



You're never too young to make a difference.

1 Timothy 4:12

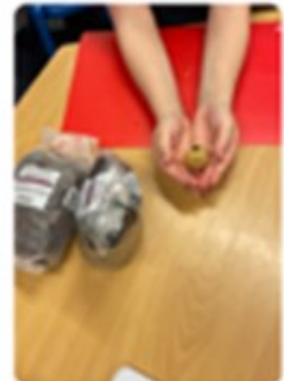
Indian Sweet Treats!

This week, Friendship Class had a special visitor. Prisha's Mum popped in to speak with the class about Hinduism. The children then worked with Namita, to make special Indian sweet treats. They are part of the prasad, which is part of the Hindu offerings.

The children made two different dishes: a dough using semolina and sugar and a mix with banana and honey. Friendship class had such a lovely afternoon! Delicious!

A big thank you to Namita for coming in and sharing her wonderful recipes.

<p>Banana Rasaroyan Banana Coconut Currants Cardamom Sugar (jaggary) honey</p>	<p>Ravaladoors Semolina Ghee (butter) Sugar currants cardamom</p>
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PIC-COLLAGE



FOSM Disco!



Wednesday 7th February 2024

Discotastic fun while providing fundraising support with
Friends of St Mary's

Price: £2.00 per child

Infants 3.30-4.30pm Juniors 4.45-5:45pm

As well as the chance to hit the dance floor we'll also be
selling sweets and drinks, please make sure any money is
brought in a named purse.

We would love some extra helpers, if you're planning to
stay, then please do consider spending some time behind the
sweet stall -it's always busy and many hands keep the
queue moving and the customers happy.

See you on the dance floor!



Creating Your Best Life



Self-care is crucial and self-compassion is the starting point.

Everything is connected. What we put into our bodies impacts our energy levels, which impacts how well we perform inside and outside the classroom.

We all know that looking after ourselves is one of the best things we can do but sometimes we need a gentle nudge in the right direction. This session teaches young (and old!) people positive healthy habits linked to eating, moving and sleeping. Mastering these habits early is the key to feeling great and having an amazing life. Some of the topics covered include screen time, how we have more options than we think, how we learn, the importance of family connection and a strong sense of self.

We are excited to open this session to the whole school community so please attend this session with your children. We are enriching the already thriving community of St Mary's C of E primary, we are fostering a sense of belonging, community and uniqueness.

The session is interactive, practical and great fun. Designed to be positively transformational and equip pupils and adults alike with lifelong tools to facilitate potential, our Art of Brilliance programs are underpinned by cutting-edge research and have been delivered in schools around the world.

We are thoroughly looking forward to joining you; and together we will make a positive difference in your school and community.

Session Date: **Tuesday 20th February 2024**

Session Times: **3.30pm – 4.30pm or 4.45pm – 5.45pm**

Book Here: **Your school Gateway account**

For more information please contact: **Laura or Becky in the office**




BRILLIANT BOOK Fair




2024


ST MARY'S SCHOOL



Join us for our brilliant Scholastic book fair in the hall on the 1st and 2nd April after school. Children will visit the book fair throughout the week to look at the latest releases available in fiction and non-fiction. Parents are then invited in to purchase books if they would like. All books purchased will raise much-needed funds for our school library.



Scholastic Book Fair 1st and 2nd April



The bottom of the poster features several stacks of colorful books. On the left and right are tall stacks of books in various colors. In the center, there are several books standing upright, including one labeled 'ENGLISH' and another labeled 'LITERATURE'.

STARS OF THE WEEK

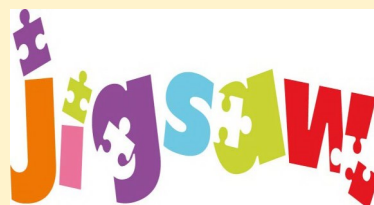
Year R	Sunrise	Amelia Abdalla For always working hard in every activity and challenge
Year 1	Joy	Bee Aucott For showing compassion to her friends
Year 2	Trust	Arlo Taylor For fantastic work in History and being able to recall key facts about Thomas Fariner, well done!
Year 3	Hope	Zane Rago For always trying your best and having the courage to try new things
Year 4	Friendship	Carmen Hadfield For always making valuable contributions in class discussions
Year 5	Compassion	Ruan Lewis For always giving 100% in all lessons and being an awesome member of Compassion Class
Year 6	Courage	Joshua Gardner-Chicote For an outstanding attitude towards his learning this week and always going above and beyond to help others

Jigsaw Weekly Celebration

*This week, we will be celebrating
people who:*

Have a positive attitude

Tommy Booker, Jowan Pill, Kai Capulong, Coby Grigg,
Sennen Stevenson, Orla Jones, Phoebe-Grace Netherton,
Sofia Mitchell, Orrin Lewis, Zander Nicholas, Regan
Martin, Aurelia Rankine, Zak Abdalla, Freddie Booker,
Dylan Smith, Alina Paul, Tabitha Buist, Sam
Treganowan, Jack Neil, Eliza Shirley, Kimberly Moyo,
Theo Hawkins-Hyett, Eddie Thurlow, Rose Perry, Lenny
Pearson, Jack Savage, Lily Walker, Elowen Elliott-
Bennett, Isla Whaley, Prisha Dhumane, Louis Burrows,
Finley Senior, Fergus Bennett, Elowen Chase, Isaac
Shirley, Neva Taylor, Damian Gabriel-Williams, Poppy
Hagan, Sophie Bostock, Lily Stobbs, Connor Champion,
Joshua Gardner-Chicote, Elsie Jones, Zoe Lewis, Isabelle
Middleton, Elissia Neil, Sophia Somerville





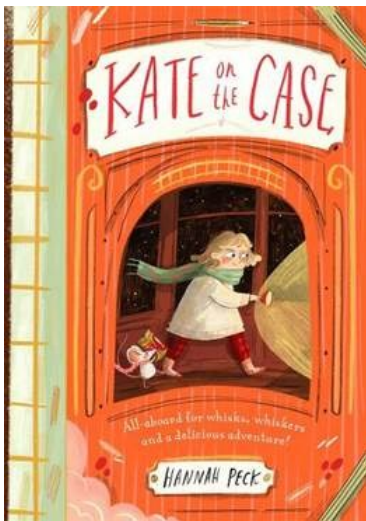
Reading Awards



Bronze: Isabelle Thompson, Rose Holmes, Regan Martin, Leila-Rae Kippax, Edward Buist, Finley Endean, Wilfred Allen, Zane Rago, Thaleia Pengas, Bethany Bryant-Toy, Aiyla Mills, Annabelle Young, Travis Stock, Theo Hawkins-Hyett, Finley Senior, Michael Baker, Chloe Pengas

Silver: Edward Williams, Jake Morgan, Luna Miller, Tommy Booker, Henry Smith, Sebastian Perry, Orla Jones, Bee Aucott, Reuben Norton, Rosie Gray, Dotti Daly, Ross Pritchard, Aliyah Kanagaraj, Alina Paul, Sam Treganowan, Ruby Whaley, Teddy Julyan, Oliver Keast, Jack Neil, Rose Perry, Travis Stock, Freddie Green, Evie Albert, Louis Burrows, Isabelle Gray, Jack Keast, Isobel Lewin, Connie Tucker, Isla Whaley, Carmen Hadfield, Evelyn Shaddick, Ebony Leach, Elsie Jones, Esme Lindsell

Recommended Read



Kate on the Case

Author: Hannah Peck

Kate is excited: she's travelling on a very fancy train with her dad and her pet mouse, Rupert, to go and see her scientist mum in the North Pole. Yet, at breakfast on day one, Miss Bonbon announces that someone has stolen all 16 of her gymnastics trophies, the priest is missing some ancient scrolls, and Simon, the Conductor-in-training, is missing three packets of ginger nut biscuits, taken from underneath his bunk. Disaster!

Luckily, Kate, a wannabe Special Correspondent, is on the case. After interviewing her fellow passengers, in accordance with her hero Catherine Rodriguez's Special Correspondent Manual, she suspects the rather difficult Madame Maude s but is she correct? And why would anyone steal such a strange assortment of items?

Hannah Peck's super-creative joy of a book has mystery, humour, brilliant illustrations and a veritable smorgasbord of puns and wordplay. It's guaranteed to entertain and delight fans of Alex T Smith's Mr Penguin series or Chris Riddell's Goth Girl books, which also have that same level of sometimes rather grown-up allusion and language.

It's lovely that Kate is an aspiring investigative journalist and the rhyming tiger in the last section of the book is a delightful addition.

Interest Age: 8-10

Reading Age: 8+

Diary Dates

Friday 9th February 2024	Year 2 Museum Trip
Monday 12th February 2024	Half Term
Monday 19th February 2024	School Opens
Tuesday 20th February 2024	Wellbeing Workshop
Wednesday 20th March 2024	Rocksteady Easter Concert
Monday 26th February 2024	Parents Evening
Tuesday 27th February 2024	Parents Evening
Wednesday 28th February 2024	Parents Evening
Tuesday 26th March 2024	Easter Service - Kenwyn Church
Friday 29th March 2024	Easter Break - Happy Easter!
Monday 15th April 2024	School Opens
Wednesday 1st May 2024	Schoolastic Book Fair
Tuesday 2nd May 2024	Schoolastic Book Fair
Monday 6th May 2024	Bank Holiday
Monday 27th May 2024	Half Term
Monday 3rd June 2024	School Opens
Tuesday 4th June 2024	Hatchbox Class Photographs
Monday 10th - Wednesday 12th June 2024	Year 4 Camp
Monday 17th - Wednesday 19th June 2024	Year 6 Camp
Monday 24th June 2024	Sports Day
Wednesday 17th July 2024	Rocksteady Summer Concert
Monday 22nd July 2024	Inset Day
Tuesday 23rd July 2024	Inset Day
Wednesday 24th July 2024	Inset Day
Thursday 25th July 2024	Summer Holidays Begin!



PLACES WHERE KIDS EAT FREE (OR FOR £1) DURING FEBRUARY HALF TERM 2024

moneysavingcentral.co.uk/kids-eat-free



ASDA

Kids eat for £1 All Day, Every Day at Asda cafes, with no adult spend required.

TESCO

Kids eat free with a purchase of 60p+ from From Mon 12th - Fri 23rd February 2024

SAINSBURYS CAFES

Kids eat for £1 with the purchase of an adult hot main. From 11:30am every day.

BEEFEATER & BREWERS FAYRE

Two children under 16 can get a free breakfast every day with one paying adult!

THE REAL GREEK

Kids under 12 eat FREE every Sunday for every £10 spent by an adult

GREENE KING PUBS

Kids Eat Free all-day with the purchase of an adult's meal. Deal, Monday-Friday, between Mon 12th - Friday 23rd February 2024

TRAVELODGE & PREMIER INN

Buy 1 Adult Breakfast from just £8.99 & up to two kids eat breakfast for free

SIZZLING PUBS

Every Monday to Friday, 3 - 7pm, kids' mains are £1 with every adult meal.

TGI FRIDAYS

Kids Eat Free When 'Stripes Rewards Members' purchase a full priced adult's main meal (App needed)

IKEA

Kids get a meal from 95p daily from 11am

MORRISONS

Spend £4.49 and get one free kids meal all day, every day.

GORDON RAMSEY RESTAURANTS

Kids under 8 eat FREE all day, every day at selected Gordon Ramsay restaurants

PRETO

Kids up to age 10 eat free all day, every day with paying adults at Preto in Half Terms

YO! SUSHI

From Mon 12th - Fri 23rd February 2024 kids eat free with every £10 adult spend

BELLA ITALIA

Children eat for £1 with any adult main. The offer is valid 4-6pm Mon to Thurs.

WHITBREAD INNS

Two kids under 16 eat for FREE with every adult breakfast purchased

DOBBIES GARDEN CENTRES

At Dobbies, for every adult breakfast or lunch purchase, kids eat for FREE. Every Day!

TABLE TABLE

Two children under 16 can get a free breakfast every day with one paying adult!

PAUSA CAFE @ DUNELM

Kids get 1 mini main, 2 snacks & a drink FREE with every £4 spend after 3pm

HUNGRY HORSE

Kids eat for £1 on Mondays

FUTURE INNS

Under 5s eat for free with any adult meal.



Holiday Clubs

Looking for some fun in the school holidays? Look no further than Imagine Outdoors holiday clubs. These day clubs are a great way for your child to get out and enjoy the great outdoors this school break. With activities from campfire cooking, games, craft and wild walks your child is guaranteed to have a world of excitement. Running at our three different locations in Newquay, Truro and Holywell bay, our instructors are experienced in working with a range of young people and are fun, approachable and friendly.

Imagine Outdoors are pleased to confirm that, should you wish to book your child into their Holiday Clubs, they can offer £10 off.

When booking, enter the below code to redeem:

LJX149

<https://www.imagineoutdoors.co.uk/services-post/holiday-clubs/>

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FOR YOUR
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BOOK-STORE WITH
HUNDREDS OF BOOKS
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line!

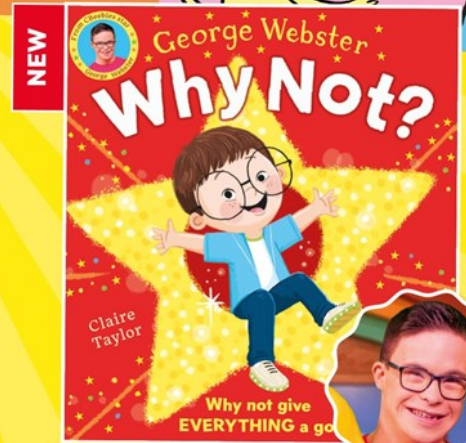


Save
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£12.99 £9.99



£3.99



£7.99

From CBeebies
presenter George Webster!

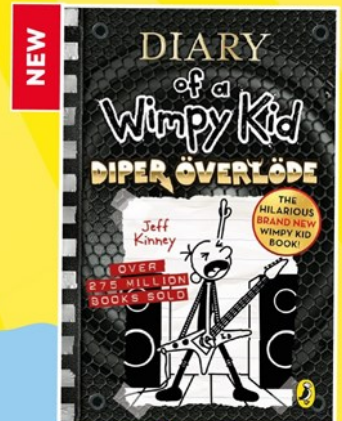


£7.99

ANNOYING



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£7.99



£7.99

Work of
genius.
SERIOUSLY.



available from 5th February

£8.99 £7.99

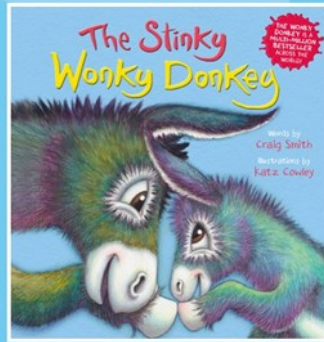
Ages **2+**



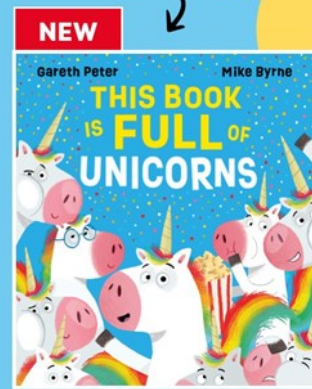
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£5.99 **£4.99**



£6.99 **£4.99**



£6.99

How many can you spot?



£9.99 **£8.99**



£6.99



£6.99

With three different sharks inside!



£23.96 **£9.99**

4 for only **£9.99**

Ages **6+**



£11.98 **£6.99**



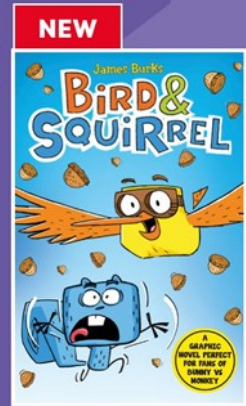
2 for only **£6.99**



£6.99



£7.99 **£3.99**



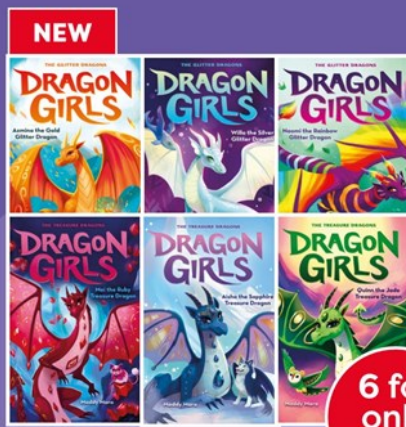
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Illustrations from This Book is Full of Unicorns © Mike Byrne, 2024

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Payment at our Book Fair

Please check with your school for the best way to pay for your books

- You can pay online at the Fair via card reader machines if your school has one or by using the online payment link at www.bookfairs.scholastic.co.uk/pay and simply selecting your school from the drop down menu.
- Pre-paid gift vouchers are available in **£5, £10, £15, £20** and **£25**. Go to www.bookfairs.scholastic.co.uk/gift-vouchers to buy vouchers for your child before the Fair.
- If you can't attend the Fair in person, your child can order books via a Wish List - please ask your school for details.

HELP EARN FREE BOOKS

Scholastic is one of the largest providers of free books to schools via our Reward scheme which helps to ensure that as many children as possible have access to books that support reading for pleasure. Every time you buy from the Book Fair, you help to make a difference by supporting literacy in your child's setting. Last year, with your help, we gave over £5.3M worth of free books to schools nationwide, which stocked school libraries and classrooms.



*Free books are subject to terms and conditions. Please contact your Book Fair Organiser or Scholastic Book Fairs for details.

All books subject to availability. Book range may vary. ⚠ Warning: Not suitable for children under 3. Small parts.

Together for Families

Early Help Parenting Newsletter – Spring 2024

Free information, support and guidance for parents and carers.

Need help?

Contact the Early Help Hub on 01872 322277 for support, advice and guidance.

If you have immediate concerns, are worried about a child or young person's safety, please telephone the Multi Agency Referral Unit (MARU) on 0300 123 1116.

Parenting Support Workshops

We offer interactive parenting programmes both online and face to face. For more information about our parenting support on offer and to book onto a workshop please visit:

www.cornwall.gov.uk/parenting

The programmes currently available are:

Solihull: Understanding your Child – Supporting parents/carers of children aged 1 to 3, 4 to 8, or 9 to 11 (10 x 2-hour sessions)

Take 3 – Supporting parents/carers of teenagers aged 12-17 (10 x 2-hour sessions)

Living with Parents – a one day workshop for parents and their young person aged 12 to 17 years.

Supporting Healthy Relationships – (3 x 2-hour sessions)

- Me, You and Baby Too (for parents pre-birth – 12 months)
- Arguing Better (for parents of children aged 1 – 19)
- Getting it Right for Children (for separated/separating parents with children aged 0 – 19)

Understanding your Child with Additional Needs – a self-guided course accessed through Solihull:

<https://inourplace.heiapply.com/online-learning/course/36>. To access the course, please register for an account using the code TAMAR

- If accessing from a computer, please [click here](#)
- If accessing from a mobile/tablet, please [click here](#)

Bitesize Parenting

Bitesize parenting workshops are weekly 2-hour sessions (12:30 – 14:30) delivered by our parenting team to support on a wide range of topics. Please book on by visiting www.cornwall.gov.uk/parenting

Date	Bitesize Child (for parents/carers of children aged 4-11)
06.02.24	Remaining Calm
13.02.24	Praise and Rewards
20.02.24	Technology and Safety
27.02.24	Sibling Rivalry and Conflict
05.03.24	Bullying
12.03.24	Special time with your child
19.03.24	Supporting Education and School
26.03.24	Routines and Boundaries
Date	Bitesize Teen (for parents/carers of young people aged 12-19)
07.02.24	Sibling Rivalry and Conflict
14.02.24	Teenage Brain
21.02.24	Supporting Education and School
28.02.24	Mental Health and Wellbeing
06.03.24	Remaining Calm
13.03.24	Drugs and Alcohol
20.03.24	Technology and Safety
27.03.24	Body Image

“I found the agreements and I-statements to be valuable tool to tackle this week. You (the facilitator) have been amazing. Very clear messaging every week.”

– Parent of teenager attending Take 3

Positive Parenting Top Tip!

Special Time – Let's Play

Parents need to juggle a lot of different roles in the family, and we can sometimes overlook playing with our children. Children need our attention, and they will gain that any way they can. Giving more positive attention to your child in positive situations, will reduce the need for them to gain attention through negative situations.

We challenge you to spend a minimum of 10 minutes a day of quality, child led play time with your child. This will help your child's self-esteem, mental and emotional health, social skills, communication skills, relationships, and behaviour issues.

So put down your phones, leave the dishes until later and go and get involved in your child's play, they will love you for it.

Service Spotlight

Parent Carers Cornwall is run by parents and carers and our aim is to support and offer guidance to families who have a child with SEND 0-25 years of age.

Our aim is to gather information from Parent Carers and using these unique shared experiences, we take part in consultations and participation work which helps us to shape the development and delivery of services to our children. We also pass on information to families via a newsletter and e-bulletin, arrange coffee and chat sessions and organise training and workshops for parents.

Support is offered to families to help complete DLA/PIP forms if required.

We are on all social media channels as Parent Carers Cornwall or for any information please contact us through our website

<https://parentcarerscornwall.org.uk/>



New Booking Platform

Parents/carers or professionals can access the parenting offer by visiting www.cornwall.gov.uk/parenting.

Parents/carers or professionals will be able to self-book onto workshops using the parenting booking portal, which can be found at the above website. If a family requires targeted or specialist support, an Early Help Request for help should be made via the Early Help Hub: <http://www.cornwall.gov.uk/earlyhelphub>.

If parents/carers or professionals would like support booking themselves or a parent/carer onto a workshop, they should contact the Early Help Parenting Team using the contact details below. An advice line will be available Monday – Friday, 9am – 5pm to support queries.



Parenting children aged 0 to 11

SELECT A SERVICE

Virtual - Understanding your child (ages 1 to 2) ☐
We is a Virtual course offered in 10 mins. [Find more](#)
2 hrs ☐

Understanding your child (ages 1 - 2) Family Hub ☐
We is a Virtual course offered in 10 mins. [Find more](#)
2 hrs ☐

Understanding your child (ages 1 - 2) Family Hub ☐
We is a Virtual course offered in 10 mins. [Find more](#)
2 hrs ☐

Understanding your child (ages 1 - 2) The Path Family Hub ☐
We is a Virtual course offered in 10 mins. [Find more](#)
2 hrs ☐

Further Parenting Support

For further parenting support, including self-help and support from our partner organisations please visit www.cornwall.gov.uk/parenting.

Contact us

Email: parenting@cornwall.gov.uk

Call: 01872 324323

If you would like this information in another format please contact:

Cornwall Council, County Hall, Treyew Road, Truro TR1 3AY

Email: equality@cornwall.gov.uk Telephone: 0300 1234 100



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www.cornwall.gov.uk

WOMEN'S SQUASH



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Whether you're a beginner, an experienced player, or you just haven't played in a while, come and join our female-only, fun and friendly sessions.

Tuesday evenings
7:30 – 9:00 PM

Truro Squash and Leisure Club
£3 a session



To get involved, contact Claire or Holly at
womenssquashtruro@outlook.com

Half Term Holiday Camps



Softball

For school years 1 to 4
Tuesday 13th February
10am to 3pm
£15



Hardball

For school years 5 to 8
Wednesday 14th February
10am to 3pm
£20



U13 Indoor Comp

Thursday 15th February
10am to 3pm
Team of 6
£30



At Cornwall Cricket Centre

Truro College Campus
Truro
TR1 3XX



To book scan the QR Code or use the link in the text