



St Mary's News

Friday 17th November 2023

Issue number 730

www.st-marys-truro.cornwall.sch.uk



Thank you, Mrs. Chapman!

This week, we said a fond farewell to Mrs Chapman who has worked at St Mary's for 10 years!

Mrs Chapman has been our ICT Leader, our Sports Leader and has been fantastic on our residential trips. She leaves a legacy of a thriving running club and we will miss her greatly.

We wish her all the very best for the future and look forward to hearing about her next adventures.



You're never too young to make a difference!
1 Timothy 4:12

History Trip - Toys From The Past

On Tuesday, to consolidate their history unit "How have children's toys changed since our grandparents were little?", Joy Class visited the Royal Cornwall Museum in Truro to complete a workshop all about old toys.

Within the workshop, the children firstly enjoyed the wonder of a Victorian magic lantern whilst listening to the story Goldilocks and The Three Bears.

Afterwards, Joy Class were split into groups and they explored toys and games from the past, sorting them into old toys and new toys. When sorting the toys, the children thought about similarities and differences between the groups such as what old toys were made from and what new toys are made from.

Finally, the children made a replica toy from the past to take away with them. They had a lot of fun and enjoyed sharing their learning throughout their history unit with the leaders of the workshop. Joy Class would like to thank Royal Cornwall Museum for providing the amazing workshop. We would also like to thank our parent helpers.



Junior Life Skills

On Thursday, Compassion Class had a fantastic experience at GWR's Junior Life Skills event. They were joined by Sustrans, the RNLI, Cornwall Council's Civil Enforcement Officers, Devon and Cornwall Police, Cornwall Fire and Rescue Service and Cornwall's Tri-Service Safety Officers. The children learned all about water safety while using our brilliant beaches, safe parking and road signs, online safety and they even got to try their hand at how to help someone who is choking by wearing a choking rescue trainer vest. GWR did a display on railway safety. There was also a

demonstration from the Fire and Rescue service on the importance of testing smoke alarms.

It was a fantastically informative afternoon for our Compassion Class and we would like to thank GWR for inviting and hosting us.



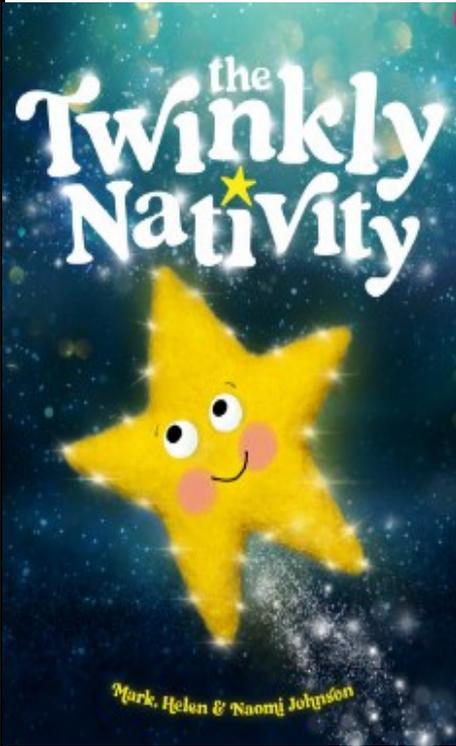
PIC•COLLAGE

Pinecone Reindeer Making

Trust Class were feeling festive at Forest School this week. The children made pinecone reindeer Christmas decorations to decorate our school Christmas tree, which will arrive at the end of November. We love their reindeer decorations and can't wait to display them on the school tree!



St. Mary's Nativity



Parents should now have received a letter detailing their child's part in the upcoming Nativity play and the costume they will need. Please can we ask that these are named and popped in a bag ready to bring to school on Friday 24th November.

If you have any queries about this, please don't hesitate to contact us. Further information about tickets will be sent out in due course.

Anti-Bullying Ambassadors

As part of Anti-Bullying week, our ambassadors have given each class some leaves to decorate with suggestions of kind words to help raise self-esteem and awareness. They are displayed in the dining area for the children to take inspiration from.



What Parents & Carers Need to Know about SMART TVs

Smart TVs connect to the internet without the need for a set-top box or streaming device, letting users access a range of features through the TV set itself: from on-demand content apps like BBC iPlayer to streaming services such as Netflix, as well connecting to smartphones and other wireless devices. Most new televisions are internet enabled – so whether you're thinking of upgrading your home viewing system or buying an additional TV for your child's room, it's now even more important to consider the online safety aspects.

WHAT ARE THE RISKS?

AGE-INAPPROPRIATE CONTENT

From Netflix to Disney+ to Prime Video, there is a plethora of streaming services available. While these services offer content catering for younger viewers, they also provide material for more mature audiences. If you don't have parental controls set up on your accounts, your child could find themselves being exposed to shows and movies with adult themes, strong language and violence.

CENSORED

INCREASED SCREEN TIME

The array of content available through smart TVs could lead to your child spending excessive amounts of time in front of the screen. Not only can prolonged screen time distract from important activities such as schoolwork or exercise, but experts have also warned that endless hours in front of the box can lead to health problems including obesity, poor sleeping patterns and depression.

REMOTE-CONTROL RETAIL

Like many online devices, smart TVs facilitate digital purchases: buying a new app or the latest season of a favourite show, for example. If your child has access to a bank card and isn't restricted by spending controls on the system, they could run up a sizeable bill through a smart TV fairly quickly – especially if they're not quite old enough to fully appreciate the value of money.

UNCONVINCING SECURITY

As Internet of Things (IoT) devices, smart TVs can be uniquely vulnerable to attack. Experts warn that internet-enabled TVs tend not to support high-level security software, so you won't always be able to download strong antivirus programmes like you would on a phone or computer. Being targeted by hackers could be deeply upsetting for your child, as well as putting their personal data at risk.

A SILENT SPY?

Some smart TVs already collect data on users' viewing habits and then display targeted advertising based on that personal information – while there have also been reports of internet-enabled TVs (and the apps installed on them) being used to 'eavesdrop' on owners. In models with a built-in microphone (for voice activation), third parties could potentially listen in on someone's home life.

CONTACT FROM STRANGERS

Many smart TVs can be used for web browsing, social media and live streaming – all of which could allow unknown users to contact your child (or vice versa). If your child engages with these functions of the TV, a stranger could potentially discover their contact information and potentially then use it to obtain even more sensitive personal details, such as your home address.

Advice for Parents & Carers

MAKE IT A FAMILY THING

Family TV time is a great way to model the responsible enjoyment of technology – showing your child how to use the smart TV safely for when they're old enough to watch it independently. You could also take this opportunity to establish some healthy TV boundaries, such as time limits on their daily viewing or how to make sure they're only watching content that's appropriate for their age.



SET UP PARENTAL CONTROLS

It's likely that your smart TV has built-in parental controls, which not only let you filter out age-inappropriate shows, movies and games but can also restrict in-app purchasing, so your child can't accidentally spend money through the device. When you've enabled these safeguards, have an open conversation with your child about the reasons, helping them to understand the potential risks.



Meet Our Expert

Carly Page is an experienced technology journalist with a track record of more than 10 years in the industry. Previously the editor of tech tabloid *The Inquirer*, Carly is now a freelance technology journalist, editor and consultant.



CREATE CHILD PROFILES

Much like with smartphones and tablets, apps can be downloaded onto smart TVs: from free content platforms such as BBC iPlayer to paid-for services like Prime Video. Most of these apps allow you to create a separate account for your child which has different settings to your own – suggesting more child-friendly material and reducing the possibility of them viewing explicit content.



CONSIDER THE LOCATION

If you're concerned about the online safety hazards that a smart TV might pose to your child, you could consider where in your home you put the device. The safest option would be to place the smart TV in a shared family space – so that an adult is usually nearby and able to supervise while your child's watching it – rather than in the relative privacy of a bedroom.



NOS National Online Safety®
#WakeUpWednesday

Truro in Bloom

On Wednesday evening, Mrs. Marples and Mrs. Calcrafft attended the Truro in Bloom Presentation Evening. St Mary's were delighted to receive a Level 4 Thriving Award from the Royal Horticultural Society for the amazing gardening and outdoor projects the children have taken part in during their Forest School and RE Leader sessions. We would like to say a huge thank you to Mrs. Marples, Mrs. Sampson, our children and families for the hard work they have put in to developing our lovely outdoor areas.

The RHS judge was really impressed with the enthusiasm of the children when he visited our school last July as part of the Truro in Bloom assessment. Truro as a city was awarded Gold in the National Britain in Bloom awards, which is incredible! It is

wonderful that the St Mary's students can take part in this competition and contribute to Truro's overall success.



Prime Drinks

Recently we've had a few cases of children bringing bottles of 'Prime Hydration' to school.

Although there are no health risks to children associated with drinking 'Prime Hydration', the drink does contain a high level of electrolytes.

Electrolytes aren't recommended for children unless they are unwell or at risk of dehydration.

Another form of the drink, 'Prime Energy', contains around 200mg of caffeine for every 330ml and is not recommended for children under the age of 18.

As a result the school has taken the decision to ban all forms of the Prime drink. Children should therefore not bring it to school.

Other drinks that are not allowed in school for health reasons include all fizzy drinks and all other energy drinks.

Wraparound Care

As you may already know, St. Mary's offers wraparound care for those who need it. We have a morning breakfast club and an afternoon Stay and Play session. Please can we ask that if you arrive before 7.45am, that you wait with your child until the Early Bird session begins. Due to staff ratios, we are unable to open this session before this time. Our Stay and Play sessions are open until 6pm each evening.

If you would like more information about our wraparound care, please don't hesitate to contact the office.

Family/Parenting Worker Drop In

St Marys C of E School

Higher Trehaverne, Truro, Cornwall TR1 3RJ.

These sessions will be run by Rachel Telling Family Worker from Early Help Team.

Do you need some support and advice to understand your child's needs and behaviours?

Advice on positive parenting and how to keep your child safe?

Support with budgeting and debt advice?

To understand the importance of routines for your family?

We are running drop-in sessions with no appointment necessary

starting on

Tuesday 10th October

between 2.00pm to 4.00pm.

Then continuing on the following dates:

21st November 2023 & 16th January 2024.

Please sign in at the school Reception and you will be shown through to the Learning Support room.

For more information please contact:

Email: Restormel.Familyhubs@cornwall.gov.uk

Call: 01872 324929

Diary Dates

| | |
|------------------------------------|---|
| Tuesday 21st November 2023 | Early Help Hub Drop In Session |
| Wednesday 29th November 2023 | Rocksteady Christmas Concert 2023 |
| Tuesday 5th December 2023 | Nativity Play |
| Wednesday 6th December 2023 | Nativity Play |
| Monday 11th December 2023 | Christmas Service - Kenwyn Church |
| Tuesday 12th December 2023 | Whole School Trip to HFC's Christmas Show |
| Wednesday 13th December 2023 | FSM Christmas Crafternoon |
| Thursday 14th December 2023 | Christmas Jumper Day and Christmas Lunch |
| Wednesday 20th December 2023 | Christmas Break! Happy Christmas! |
| Thursday 4th January 2024 | School Opens - Happy New Year! |
| Tuesday 16th January 2024 | Early Help Hub Drop In Session |
| Wednesday 24th - 25th January 2024 | Year 6 Bristol Trip |
| Friday 2nd February 2024 | NSPCC Number Day |
| Monday 12th February 2024 | Half Term |
| Monday 19th February 2024 | School Opens |
| Wednesday 20th March 2024 | Rocksteady Easter Concert |
| Tuesday 26th March 2024 | Easter Service - Kenwyn Church |
| Friday 29th March 2024 | Easter Break - Happy Easter! |
| Monday 15th April 2024 | School Opens |
| Monday 6th May 2024 | Bank Holiday |
| Monday 27th May 2024 | Half Term |
| Monday 3rd June 2024 | School Opens |
| Wednesday 17th July 2024 | Rocksteady Summer Concert |
| Monday 22nd July 2024 | Inset Day |
| Tuesday 23rd July 2024 | Inset Day |
| Wednesday 24th July 2024 | Inset Day |
| Thursday 25th July 2024 | Summer Holidays Begin! |

STARS OF THE WEEK

| | | |
|--------|------------|---|
| Year R | Sunrise | <p><i>The Whole of Sunrise Class</i></p> <p><i>For sensible safe walking and beautiful behaviour, engaging fully with all the activities on offer during their visit to Kenwyn Church</i></p> |
| Year 1 | Joy | <p><i>Ruben Senior</i></p> <p><i>For creating different types of line in your artwork</i></p> |
| Year 2 | Trust | <p><i>Chester Grigg</i></p> <p><i>For excellent work in his maths</i></p> |
| Year 3 | Hope | <p><i>Georgie Tann</i></p> <p><i>For overcoming her fear of water and achieving her goal of swimming underwater in the swimming pool</i></p> |
| Year 4 | Friendship | <p><i>Evelyn Shaddick</i></p> <p><i>For great breast stroke legs during swimming</i></p> |
| Year 5 | Compassion | <p><i>Idris Gough</i></p> <p><i>For outstanding Geography and Science work this week</i></p> |
| Year 6 | Courage | <p><i>Laila Green</i></p> <p><i>For always having an excellent attitude towards her learning and being a supportive peer</i></p> |



Reading Awards



Silver: Alina Lin, Arthur Hagan, William Andrzejuk-Allen, Poppy Hagan, Damian Gabriel-Williams and Bear Thomas

Gold: Arlo Wolf Rothon, Verity Burrows, Lox-Lowen Walton, Rose Perry, Wilfred Allen, Neva Taylor, Ruan Lewis, Eve Baker, Isaac Shirley, Isabelle Middleton, Poppy Whitford, Toby Duke, Monty Cannon, Evelyn O'Reilly, George Williams, and Kayden Plows

Headteachers: Harrison Shaddick, Rosie Gray, Reuben Norton, Bee Aucott, Henry Paul, Evelyn Shaddick, Esme Lindsell, Oakley Endean, Aliyah Kanagaraj, Alina Paul and Agnes Richards

Jigsaw Weekly Celebration

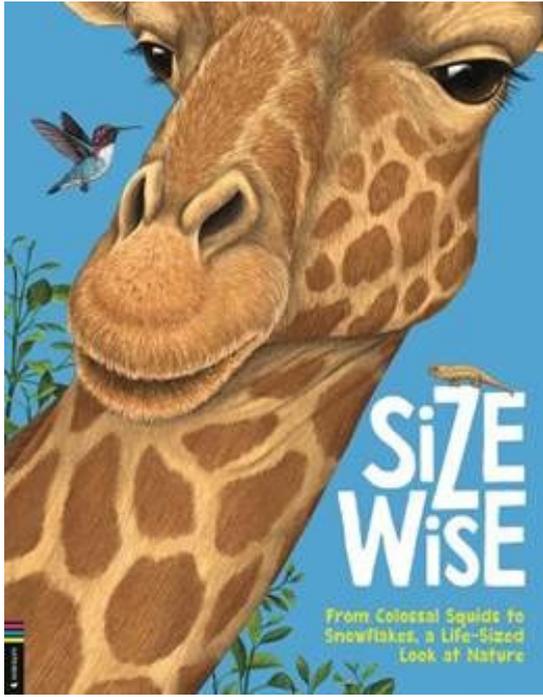
This week, we will be celebrating people who:

Know how to help if someone is being bullied

Luna Rankine, Sam Morgan, Rose Holmes, Edward Buist, Zak Abdalla, Aliyah Kanagaraj, Alina Paul, Wilfred Allen, Finley Endean, Lily Walker, Kimberly Moyo, Aiyla Mills, Otto Butler, Freddie Green, Annabelle Young, Ethan Williams, Elowen Elliott-Bennett, Fergus Bennett, Alice Jones, Evelyn Shaddick, Edith Warner, Poppy Hagan, Erica Green, Isaac Shirley, Eve Baker, Rudo Keeler, Lily Stobbs, Olly Pitt, Connor Champion, Bella Clapp, Rosie Stephens, Elsie Jones, Ebony Leach, Alfie Naylor and Joshua Gardner-Chicote



Recommended Read



Size Wise

Author: Camilla de la Bedoyere

From the big to the small, size is important and can tell us a lot about the animals and plants that live on planet Earth. This fascinating book zooms in on size to reveal all kinds of interesting facts about why things are the size that they are, and to give young readers a sense of scale.

There's the colossal squid which have the largest eye of any animal currently known & they even have built in headlights to help them see in the dark! At the opposite end of the spectrum, a single tiny grain of sand can be up to two millimetres in size - whilst it might not look like much to the eye, put under a microscope that single grain can look a whole lot more interesting. Each double page spread addresses a different living being or natural habitat with easily digestible bitesize chunks of information that includes size comparisons and short fun facts.

Most of the super realistic illustrations are depicted at life size with the actual measurements of the real-life equivalent. Curious readers can look in awe at the impressive likeness and scale of the many natural wonders and the book is great for visual learners especially. We particularly love the special full-page, life-size illustrations which show in detail a male gorilla's hands, a T-Rex's jaws, and the foot of an adult elephant!

Interest Age: 9-11

Reading Age: 7+

CHRISTMAS HOLIDAY COURSES

ACROSS THE SOUTH WEST...



FOR ALL CHILDREN AGED 2-12 YEARS

PRIZES & GIVEAWAYS

EARLY DROP OFF AVAILABLE

THE INFO...



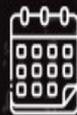
10AM-3PM

(9AM EARLY DROP-OFF AVAILABLE)



DEVON, DORSET, CORNWALL & SOMERSET

(AT VARIOUS LOCATIONS)



DECEMBER 2023



Music in Cornwall



Cornwall Music Service Trust provides instrumental lessons, classroom support, music therapy and music ensembles in many educational and community settings throughout Cornwall.

There are currently spaces for new flute, clarinet, saxophone and bassoon pupils. Children can start from as young as Year 3 (saxophone normally from Year 5). All lesson costs, terms and conditions and where to sign up can be found on our website.

Hear Music.
Learn Music.
Play Music.

For more information
head to:
[CMST.co.uk/learnmore](https://www.cmst.co.uk/learnmore)

CMST.co.uk



CMST
ILOW RAG OLL



CHRISTMAS at DAIRYLAND

Entry 10-6
(10 - 4 on Christmas Eve)

**Breakfast
with Santa**
@ Farmhouse Kitchen 9 - 10
See our website
to book



Book Here



2nd, 3rd,
9th, 10th
16th-24th*
DECEMBER

*Santa's Grotto
Elves Workshop
Singing Reindeer
Christmas Trail
Festive Lights
And Much More*





OUR GREAT LITTLE *Festive* CITY



Fri 24th Nov - **Festive Friday**

Christmas Lights Switch-on at 7pm, followed by live music.
With Pirate FM's Johnny Cowling & Lucy Start from 3pm,
entertainment from 4.45pm & all-day market.

Brought to you by **Truro BID** & sponsored by **Coodes Solicitors**.

Wed 29th Nov - **The Father Christmas Parade at 6.30pm**

Featuring Father Christmas, dancers, musicians, & circus performers.

Brought to you by **Truro BID** & sponsored by **Coodes Solicitors**.

Wednesday Late Night Shopping & Christmas Shopping Saturdays

Wednesdays from 29th Nov & Saturdays from 2nd Dec.
Traffic-free streets & markets stalls on Boscawen Street.

29th Nov to 24th Dec - **The BIG Christmas Market**

New for this year in festive wooden cabins on Lemon Quay.

Hosted by **Truro Farmers Market**.

Fri 1st Dec & Sat 2nd Dec - **Made in Cornwall Christmas Fair**

At Truro Cathedral. Open 10am to 5pm.

From Wed 6th Dec - **Finding Father Christmas Grotto at Royal Cornwall Museum**

See website for all dates, booking essential.

Brought to you by **Truro BID**, in association with **Coppice Theatre**.

Sun 31st Dec - **New Year's Fireworks**

Family display at 7.30pm & New Year's display at midnight.

Brought to you by **Truro City Council**.

For information on Truro's festive events go to:

visittruro.org.uk | @visittruro

Illustration by Natasha Robinson

FINDING *Father Christmas* at the Museum



The Royal Cornwall Museum is hosting a **Father Christmas Grotto** and storytelling experience

6th 9th 13th 16th 20th 21st & 22nd December

To book tickets for this magical Christmas experience with Coppice Theatre go to: **HALLFORCORNWALL.CO.UK**

Brought
to you by



For information on all Truro's Festive events go to
visittruro.org.uk @visittruro