



# St Mary's News

Friday 12th January 2024

Issue number 736

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## Cornish Caretakers

Friendship Class took part in a really exciting drama workshop with 'The Cornish Caretakers', this week. They learnt about mining in the past, and famous inventors. The show featured women and men from the world of tin and copper mining in Kernow. It was full of facts,

laughs, Cornish magic and Richard Trevithick's Puffing Devil (replica)! The children absolutely loved it!

A huge thank you to Ed Rowe and his Cornish Caretakers for offering us this fantastic opportunity. It really was a great experience and a wonderful and immersive way for the children to learn about our mining history!



**You're never too young to make a difference.**

1 Timothy 4:12

# Calling all volunteers...



...are you free on a weekday morning between 8.35 and 9am?

We are looking for parent/guardian volunteers to help us, by coming into school to listen to the children read. If this is something you are able to help with and are interested in, please contact the school office.

# Staffing Update

We are delighted to announce the return of Mrs. Shelton! Following her maternity leave, Mrs. Shelton will be returning to Sunrise Class at the beginning of February. We would like to say a huge thank you to Miss. McNamara for looking after the Sunrise Class for the last year! We are also pleased to confirm that Miss. McNamara will be staying in the St. Mary's family, and will be looking after Joy Class alongside Mrs. Stevenson and Miss. Williams, in Mrs. Spencer's absence.



# After School Clubs

As a reminder, the clubs list is as follows:

Monday:            Blue Peter Book Club - Y3, Y4, Y5, Y6  
                         KS1 Football - YR, Y1, Y2  
                         KS2 Tag Rugby - Y5, Y6

Tuesday:           KS1 Multi Sports - YR, Y1, Y2

Wednesday:      Art Club - All Year Groups  
                         Running Club - Y4, Y5, Y6

Thursday:           KS2 High Five Netball/Basketball - Y3,  
                         Y4, Y5, Y6  
                         Mindful Creativity - All Year Groups

All club information is available on Gateway. If you would like to be added to the waiting list for a club which is full, please contact the office.





Self-care is crucial and self-compassion is the starting point.

Everything is connected. What we put into our bodies impacts our energy levels, which impacts how well we perform inside and outside the classroom.

We all know that looking after ourselves is one of the best things we can do but sometimes we need a gentle nudge in the right direction. This session teaches young (and old!) people positive healthy habits linked to eating, moving and sleeping. Mastering these habits early is the key to feeling great and having an amazing life. Some of the topics covered include screen time, how we have more options than we think, how we learn, the importance of family connection and a strong sense of self.

We are excited to open this session to the whole school community so please attend this session with your children. We are enriching the already thriving community of St Mary's C of E primary, we are fostering a sense of belonging, community and uniqueness.

The session is interactive, practical and great fun. Designed to be positively transformational and equip pupils and adults alike with lifelong tools to facilitate potential, our Art of Brilliance programs are underpinned by cutting-edge research and have been delivered in schools around the world.

We are thoroughly looking forward to joining you; and together we will make a positive difference in your school and community.

Session Date: **Tuesday 20<sup>th</sup> February 2024**

Session Times: **3.30pm – 4.30pm or 4.45pm – 5.45pm**

Book Here: **Your school Gateway account**

For more information please contact: **Laura or Becky in the office**

# NSPCC Number's Day!



On Friday 2<sup>nd</sup> February we will be taking part in the NSPCC Number Day 2024. We would like to invite all children and staff to "Dress Up for Digits". Children may simply wear an item of clothing with a number on it for example a favourite sports top or cap, or even a onesie. Why not get more creative and design a unique t-shirt, hat or even become a human-sized calculator or dice?

We will have a mathstastic fun-filled day of magical maths, Dress up for Digits, activities and games. We will also be welcoming donations for the NSPCC's Speak out, Stay safe services.



**NSPCC**

**Speak out.  
Stay safe.**

# STARS OF THE WEEK

Year R

Sunrise

Molly Pollard

For demonstrating an amazing understanding and application of rhyming

Year 1

Joy

Regan Martin

For identifying proper nouns

Year 2

Trust

Ollie Hagan

For having a fantastic attitude towards learning, well done!

Year 3

Hope

Jack Savage

For always following the school rules and being a kind and caring member of Hope Class

Year 4

Friendship

Isla Whaley

For using capitals for proper nouns

Year 5

Compassion

William Andrzejuk-Allen

For programming Crumble to flash a light on and off

Year 6

Courage

Oscar Julyan

For being an exemplary role model to others by always being ready to learn, trying his best and showing respect to every aspect of school life

# Jigsaw Weekly Celebration

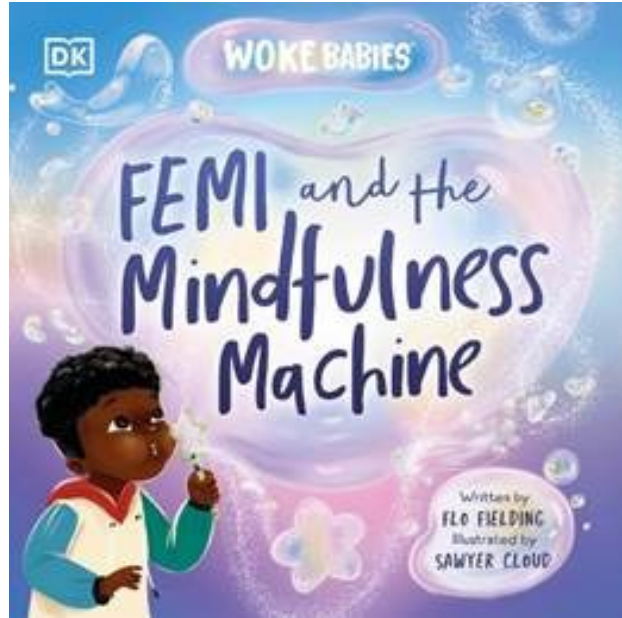
*This week, we will be celebrating people who:*

*Know how give and receive compliments*

*Lamorna Chase, Towan Pill, Reva Dhumane, May Hannon, Luna Alibuyog, Dotti Daly, Sebastian Hadfield, Ollie Hagan, Zak Abdalla, Evelyn O'Reilly, Aiyla Mills, Zane Rago, Eliza Shirley, Jack Neil, Angel Lin, Isaac Andrzejuk-Allen, Jack Savage, Finley Senior, Isla Whaley, Prisha Dhumane, Connie Tucker, Aveline Rankine, Fergus Bennett, Ben Hocking, Freddie Paul, Idris Gough, Isaac Shirley, Connor Champion, Toby Duke, Laila Green, Oscar Julyan, Joshua Gardner-Chicote, Zoe Lewis, Isabelle Middleton, Sophia Somerville, Rami Talab, Elissia Neil.*



# Recommended Read



## *Femi and the Mindfulness Machine*

*Author: Flo Fielding*

*Illustrator: Sawyer Cloud*

Femi is making a wind machine for Science Day at school. When he blows on the windmill's sails, the blades spin round and lift a paper cup. Only, sometimes it doesn't work. What if it doesn't work on the day? What if he's too nervous to explain how hard he's worked on it? Luckily, Gran has some delicious hot chocolate, and some useful thoughts. She knows that the way to tackle any problem is to breathe slowly and stay calm. Plus blowing bubbles can help! The next day, when Femi's machine doesn't work at school, he uses her advice to stop feeling anxious, and shares it with his friends. Gran was right: it's not what you do, it's the way that you do it!

This delightful book delivers its mindful message with a light touch. It paints familiar scenes of home and school. Femi and his gran have a brilliantly warm, loving relationship, and the gorgeous illustrations are friendly and cosy. This is a picture book that would benefit children in their first few years of school, who might panic about homework demands, or any unfamiliar situation. It would be good to read aloud to a class, to begin a conversation about techniques to calm anxiety.

*Interest Age: 4-5*



# Diary Dates

Tuesday 16th January 2024	Early Help Hub Drop In Session
Monday 22nd January 2024	Year R Vision Screening
Wednesday 24th - 25th January 2024	Year 6 Bristol Trip
Tuesday 30th January 2024	Year 1 Trip to Royal Cornwall Museum
Friday 2nd February 2024	NSPCC Number Day
Friday 9th February 2024	Year 2 Museum Trip
Monday 12th February 2024	Half Term
Monday 19th February 2024	School Opens
Tuesday 20th February 2024	Wellbeing Workshop
Wednesday 20th March 2024	Rocksteady Easter Concert
Monday 26th February 2024	Parents Evening
Tuesday 27th February 2024	Parents Evening
Wednesday 28th February 2024	Parents Evening
Tuesday 26th March 2024	Easter Service - Kenwyn Church
Friday 29th March 2024	Easter Break - Happy Easter!
Monday 15th April 2024	School Opens
Monday 6th May 2024	Bank Holiday
Monday 27th May 2024	Half Term
Monday 3rd June 2024	School Opens
Wednesday 17th July 2024	Rocksteady Summer Concert
Monday 22nd July 2024	Inset Day
Tuesday 23rd July 2024	Inset Day
Wednesday 24th July 2024	Inset Day
Thursday 25th July 2024	Summer Holidays Begin!
Tuesday 3rd September 2024	School Opens

## Kenwyn Church invites YOU to JAM at 4

What will this group do?

Have A Go at a new activity (about 30 mins), Discuss A Problem that any of us might meet in life and Find Out How Jesus Helps (about 20 mins), share Tea and Toast.

Who is this group for?

Anyone young at heart. We welcome children and teenagers who we suggest need to be aged about 9 or above. - School age children accompanied by an adult, please.

When does it meet?

4pm on 4<sup>th</sup> Sundays of each month in Kenwyn church.

When does it start?

January 28<sup>th</sup>. Activity **ROPEWORK**: use paracord to make a keyring or friendship bracelet and learn some knots.

Discussion: **FRIENDSHIP**.

What future activities will there be?

You choose! February 25<sup>th</sup> **MOSAICS**. Then your choice: Skittles, Hand bell ringing, Board Games, Print Making, Film Night, A Quiz, A Winter Darkness Walk, Cooking (once we have brought the Lychgate kitchen up to standard), etc.

How do you find out more?

Church Noticeboard or Email:

Local Minister: Andy Boorne [andyb@trinitytruro.org.uk](mailto:andyb@trinitytruro.org.uk)

JAM at 4 Coordinator: Anthea [lovelockda@gmail.com](mailto:lovelockda@gmail.com)