

Friday 26th April 2024

Issue number 748

www.st-marys-truro.cornwall.sch.uk



## Brilliant Benchball!

Last week, some of our Hope and Friendship Class children had a wonderful opportunity to head up to Penair for a Benchball Tournament. We were one of many other schools in the area to attend the event.

The children had a fantastic time, drawing one match and winning another. Out of 6 teams, they came 4th!

One of our pupils, Kimberly was awarded a medal for her determination - even



after a little bump to the nose with one of the balls.

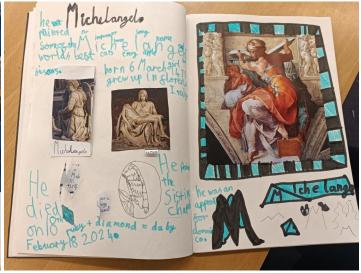
The children all received a certificate for taking part which was handed out during our Celebration Assembly on Thursday. Congratulations, team. You were fantastic!

ever too young to make a difference:

# Magnificent Michaelangelol

This week, Hope Class have completed an artist study on the amazing Michaelangelo. Michelangelo di Lodovico Buonarroti Simoni, known mononymously as Michelangelo, was an Italian sculptor, painter, architect, and poet of the High Renaissance. For Art this half term, the children are learning how to create Frescoes. Michaelangelo was most famous for his incredible fresco paintings that covered the walls and ceilings of the Sistine Chapel.











With Summer fast approaching, please can we ask all parents and carers to provide children with a named sunhat to wear at break and lunch times. Children should come in to school with day-long sun cream already applied, or with a named bottle of sun cream in their bags, which they are able to apply themselves, and a bottle of water that can be refilled during the school day.

Thank you!

# Year 6 Library

Our Compassion Class children would like to ask our St.
Mary's family if they have any comics, comic books, football
magazines or age appropriate crime books to restock the



shelves of the class library. If you have any books that you think would be suitable, please drop them off to the office.

Thank you!



### Saturday 6th July 2024

With the start of the summer term FOSM are starting to firm up plans for the Summer Fair, being held on Saturday 6th July.

It's the biggest fundraising event of the school year and we've been so lucky in the past to be so well supported both by volunteers and lots of lovely visitors.

We're planning lots of exciting stall and games (old favourites and some new ones!), bouncy castles, BBQ and Bar.

As well as making sure the date is in your diary if anyone would like to come along on the day to help out please do let us know.

We'll also be asking for donations for our tombola, water and wine stall and teddy tombola so if you've anything suitable please do start bringing donations into school.

# Absence Reporting

If your child is absent from school for any reason, please can we ask that you ensure you contact the office directly before 9am on 01872 276689 or send an email to secretary@st-marys-truro.cornwall.sch.uk, so that we may record the absence accordingly. If you have pre-booked your child's hot school dinner on the Gateway App, you will need to cancel this before 8am to ensure you are not charged. This also helps the kitchen staff to prepare the correct number of meals for the day. Thank you for your continued support.







### ST MARY'S SCHOOL



Join us for our brilliant Scholastic book fair in the hall on the 1st and 2nd May after school.

Children will visit the book fair throughout the week to look at the latest releases available in fiction and non-fiction. Parents are then invited in to purchase books if they would like. All books purchased will raise much-needed funds for our school library.



#### Scholastic Book Fair 1st and 2nd May







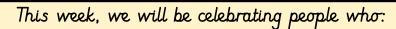


Year R	Sunrise	Sennen Stevenson
		For super knowledge of set three additional sounds
Year1	Joy	Emily Bostock
		Excellent focus and progress in phonics
Year 2	Trust	Hilary Alibuyog
		For fantastic work in art, looking at identifying and using warm and cool colours
Year 3	Hope	Finley Endean
		For working hard to improve your handwriting and producing beautifully written work this week
Year 4	Friendship	Rex Aucott
		For sharing his facts that he learnt about water usage with enthusiasm
Year 5	Compassion	Samuel Rippington
		For supporting a friend in maths and explaining rounding to the nearest whole number
Year 6	Courage	Oakley Endean

For a fantastic attitude to his learning this

week, especially in English

## Jigsaw Weekly Celebration



Try to solve friendship issues when they occur

Coby Grigg, Tommy Booker, Orla Jones, Leila-Rae Kippax, Phoebe-Grace Netherton, Sebastian Hadfield, Nathan Watkinson, Zachary Young, Teddy Julyan, Ruby Whaley, Tabitha Buist, Agnes Richards, Hilary Alibuyog, Lowenna Stevenson, Eliza Shirley, Jack Neil, Kimberly Moyo, Elowen Elliott-Bennett, Isaac Andrzejuk-Allen, Jack Savage, Annabelle Young, Angel Lin, Lily Walker, Arthur Hagan, Alice Jones, Max Dougan, Carmen Hadfield, Edith Warner, Idris Gough, Sophie Bostock, Eve Baker, Esmay Nicholas, Ruan Lewis, Iris Blomfield, Connor Campion, Toby Duke, Elsie Jones, Zoe Lewis, Isabelle Middleton, Alfie Naylor, Elissia Neil







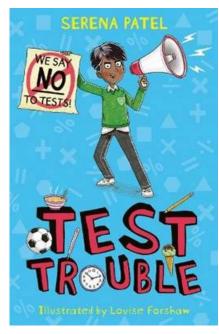
## Reading Awards



Gold: Lamorna Chase, Isabelle Thompson, Regan Martin, Arlo Julyan, Solomon Bailey, Emily Bostock, Chloe Ituen, Harrison Shaddick, Dotti Daly, Verity Burrows, Ross Pritchard, Bee Aucott, Sebastian Hadfield, Orrin Lewis, Bear Thomas, Sam Treganowan, Isobel Lewin, Finley Senior, Edith Warner, Connie Tucker, Carmen Watkinson, Isla Whaley, Carmen Hadfield, Louis Burrows, Lacie Salmon, Isaac Shirley, Eve Baker, Freddie Adams, Freddie Paul, Esmay Nicholas, Ruan Lewis, Esme Lindsell, Elissa Neil, Oscar Julyan, Arthur Leyland, Elsie Jones, Isabelle Middleton

Silver: Neva Taylor, Chad Currie, Tristan Baden, Molly Pollard, Edward Williams

# Recommended Read



Test Trouble

Author: Serena Patel

Illustrator: Louise Forshaw

Arun hates tests, so when his teacher sets a timed maths test for the following week, it's all he can think about.

He's beside himself with nerves and does everything he can to get out of it. He stages a protest, considers cheating, and even pretends that he's ill, but all to no

avail. As the day of the test looms large, Arun spirals into a panic.

However, when he learns that one of his classmates is also terrified of tests, Arun realises that sometimes the only way to deal with your fears is to face them head on.

Many readers may recognise Arun's emotions of fear and anxiety as test day approaches. This light-hearted chapter book explores his feelings with gentle humour, and demonstrates the importance of resilience and support when facing difficult challenges.

Ideal for reluctant readers, the black-and-white illustrations are full of expression and provide a visual narrative alongside the written text. Thick paper ensures words and pictures don't show through the pages and confuse the eye. A unique, dyslexia-friendly font makes reading easier and the story is specially edited to help minimise barriers to comprehension.

Interest Age: 6-11 Reading Age: 7+

# Diary Dates

Wednesday 1st May 2024

Tuesday 2nd May 2024

Monday 6th May 2024

Monday 13th - Friday 17th May 2024

Wednesday 15th May 2024

Monday 27th May 2024

Monday 3rd June 2024

Tuesday 4th June 2024

Monday 10th June 2024

Monday 10th - Wednesday 12th June 2024

Friday 14th June 2024

Monday 17th - Wednesday 19th June 2024

Thursday 20th June 2024

Friday 21st June 2024

Monday 24th June 2024

Wednesday 26th June 2024

Thursday 27th June 2024

Tuesday 2nd July 2024

Tuesday 2nd July 2024

Wednesday 3rd July 2024

Saturday 6th July 2024

Monday 8th July 2024

Schoolastic Book Fair

Schoolastic Book Fair

Bank Holiday

Year 6 SATs

Year 6 Yoga Session

Half Term

School Opens

Hatchbox Class Photographs

Reception New Parent Meeting

Year 6 Camp

Summer Stories Event

Year 4 Camp

Stay and Play for New Reception

Year 5 Workshop ay Hall for

Cornwall-more details to follow

Sports Day

TRLC Awards - Truro Cathedral

Stay and Play for New Reception

New Reception Morning

Richard Lander Transition Day

Richard Lander Transition Day

FOSM Summer Fair

Teddy Bears Picnic



#### Kenwyn Church ABC

(Adults, Babies, Children)

Parents and carers with children (age 0 to 4) are invited to come and meet every Thursday, during term time, from 1.30 to 3.00pm.



Contact: Maureen woodhouse222@btinternet.com

#### TEA TIME MESSY CHURCH

- Crafts and Activities
- Short Service
- Tea

For 0-11 year olds, their families and for **all** who are young at heart!
4.00pm on first Sunday each month.



#### JAM at 11

Activities for children during 11.00am Sunday services. (But NOT first Sunday when there is Tea Time Messy Church at 4pm)

#### JAM at 4

On 4th Sundays of each month.

An opportunity for Tweens, their Families and Adults to

Have a Go at something new! (Youngsters probably need to be in
school year 5 or above.) Your activity suggestions welcome!

After the activity we have family discussions on the issues of life and
how we make decisions. Then prayer & finish with T'n'Toast!

There is no charge for our activities but a donation is appreciated if you can.



Bless you!



#### CONTACTS

Local Minister: Andy Boome 07933 100049 andyb@trinitytruro.org.uk

For details of 'Tea Time Messy Church' And JAM at 11: Email Maureen at woodhouse222@btinternet.com

For details of JAM at 4 Email Anthea at lovelockda@gmail.com

For any other enquiry Email our Administrator, Helen, at <a href="mailto:kenwynstallenchurch@qmail.com">kenwynstallenchurch@qmail.com</a>

Also see: www.achurchnearyou.com/2437
And:

https://www.facebook.com/profile.php?id=100 087595512531

Date & Time	Activity	Theme	
Sun Apr 28 4.00pm	JAM at 4 Mosaics	Spotting the silver lining 1 Psalm 30:11	
Sun May 5 4.00pm	TEA TIME MESSY CHURCH	Joy Nehemiah	
Sun May 26 4.00pm	JAM at 4 Upcycling Old Things	Spotting the silver lining 2 Genesis 1:26	
Sun June 2 4.00pm	TEA TIME MESSY CHURCH	Peace	
Fri June 21 to Sun June 23	SPREE SW  Spree SW   South West Youth Ministries (swym.org.uk)  Camping and Activity weekend for 8-17 year olds. Build stronger friendships and create space for encounters with God. Young people will need to have a ticket booked directly with SPREE. Our Trinity Truro group code is: SUGTSDX9TP and the booking link is <a href="https://events.solidrock.io/spree-sw/spree-sw-2024">https://events.solidrock.io/spree-sw/spree-sw-2024</a> Our Group expenses (fuel and food) can be booked here: <a href="https://stkea.churchsuite.com/events/hnognvwn">https://stkea.churchsuite.com/events/hnognvwn</a> . (Children in school year 5 & below to be accompanied by parents.)		
Sun June 23 4.00pm	JAM at 4 Game: Mexican Train /Ticket to Ride	How are we travelling?	
Sun July 7 4.00pm	TEA TIME MESSY CHURCH	Patience	
Sat July 20 2.30-4.30pm	Fun, Games & Bring & Share Tea	at Epiphany House	
All Summer Holiday!	Art and Photography Holiday Competition See separate leaflet for details.	Classes for Children, Teens and Adults Entries to be in 1st Sept at latest. Prize Giving Sat 7th Sept 11.00am	
Sun July 28 4.00pm	JAM at 4 Bell Ringing with Jemma	Pulling Together Galatians 6:2	

Sun August 4 4.00pm	TEA TIME MESSY CHURCH	Kindness and Compassion
Sun Aug 25 4.00pm	JAM at 4 What is it? An active Quiz using your senses.	Stepping into the Unknown 1 Peter 5:7
Sat Aug 29 Sun Aug 30	Holiday Club / Family Fun at Tregolls Academy Booking will be needed.	Led by Sam Payne / Millie Burroughs
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### **Coming Up in the Summer Holidays**

There are several Christian camps that your young people might enjoy attending.

Please ask or see online.



Scripture Has various holiday camps each catering for youngsters in specific age ranges. See: Holidays & Events | Scripture Union



Also have holiday camps each catering for specific age ranges.

27th July to 4th Aug. 14-18 year olds.

https://www.dorsetventure.org.uk/booking
Under canvas. Some Trinity Truro Youth are booked in.

28<sup>th</sup> July to 3<sup>rd</sup> Aug. 11-14yr olds, <a href="https://www.ventures.org.uk/holiday/point-2024">https://www.ventures.org.uk/holiday/point-2024</a>
11 spaces remaining. (A small independent group of Truro friends is going.)

28th July to 4th Aug. 14-18 year olds. (Only spaces for girls remaining)

https://www.ventures.org.uk/holiday/quantock-1-bruton-2024



30<sup>th</sup> July to 2<sup>nd</sup> August. 14-18 year olds. Celtic Youth Camp at Warleggan. Celtic Quiet Places — Celtic Youth Camp: 30 Jul-2 Aug, Warleggan —

Churches Together in Cornwall infoHub (ctcinfohub.org)



1st to 4th August. Creation Fest at Royal Cornwall Showground.
Camp or go free each day. Home - Creation Fest

#### **Advance Notice!**

18<sup>th</sup> to 20<sup>th</sup> October

Trinity Youth Weekend away, Dartmoor. Bookings already being taken! https://stkea.churchsuite.com/events/sdlahf8u

## Early Help Parenting Newsletter –

Free information, support and guidance for parents and carers.

#### Need help?

Contact the Early Help Hub on 01872 322277 for support, advice and guidance.

If you have immediate concerns, are worried about a child or young person's safety, please telephone the Multi Agency Referral Unit (MARU) on 0300 123 1116.

#### **Parenting Support Workshops**

We offer interactive parenting programmes both online and face to face. For more information about our parenting support on offer and to book onto a workshop please visit:

www.cornwall.gov.uk/parenting

The programmes currently available are:

Solihull: Understanding your Child – Supporting parents/carers of children aged 1 to 3, 4 to 8, or 9 to 11 (10 x 2-hour sessions)

Parents Plus Adolescent Programme – Supporting parents/carers of teenagers aged 12-17 (9 x 2-hour sessions)

Living with Parents – a one day workshop for parents and their young person aged 12 to 17 years.

Supporting Healthy Relationships – (3 x 2-hour sessions)

- Me, You and Baby Too (for parents pre-birth 12 months)
- Arguing Better (for parents of children aged 1
   19)
- Getting it Right for Children (for separated/separating parents with children aged 0 – 19)

Understanding your Child with Additional Needs — a self-guided course accessed through Solihull: <a href="https://inourplace.heiapply.com/online-learning/course/36">https://inourplace.heiapply.com/online-learning/course/36</a>. To access the course, please register for an account using the code TAMAR

- If accessing from a computer, please <u>click here</u>
- If accessing from a mobile/tablet, please <u>click</u> <u>here</u>

Brilliant course! Helped myself and my children a lot. Would definitely recommend this is other parents. \$5

Parent on Solihull
 Understanding your Child
 (March 2024)

#### **Bitesize Parenting**

Bitesize parenting workshops are weekly 2-hour sessions (18:00-20:00) delivered by our parenting team to support on a wide range of topics. Please book on by visiting www.cornwall.gov.uk/parenting

Date	Bitesize Child (for parents/carers of children aged 4-11)
07.05.24	Bullying
21.05.24	Remaining calm
11.06.24	Praise and rewards
25.06.24	Special time with your child
09.07.24	Routines and boundaries
23.07.24	Technology and safety
Date	Bitesize Teen (for parents/carers of young people aged 12-19)
14.05.24	Teenage brain
04.06.24	Technology and safety
18.06.24	Sibling rivalry and conflict
02.07.24	Remaining calm
16.07.24	Mental wellbeing

#### Help us shape our service!

We invite you to complete our new survey to help shape our parenting offer. This should take no longer than 5 minutes to complete. Please visit

www.letstalk.cornwall.gov.uk/parentingsurvey to have your say. You can also sign up to our mailing list to stay informed through our newsletter and flyers, by clicking on 'Stay Informed – Subscribe' button on this page.

#### Positive Parenting Top Tip!



You cannot pour from an empty jug!

As you give love, affection, care and boundaries to your children to help them learn and regulate their emotions, you are pouring from your 'jug', so a key thread that runs through all of our programmes, is the importance of self-care.

Remember to top yourself up and do something for yourself several times a week. As long as your children are safe, it's ok to 'press the pause button' and have a cup of tea, talk to a friend, take time for a hobby or do some positive self-talk.

When things get challenging, take deep breaths and remember it's better to respond than to react. And remember your child need you at your best so look after yourself.

#### Service Spotlight

#### Video Interaction Guidance (VIG)

VIG aims to: strengthen the bond between parents/carers and their children, develop attunement and sensitivity, and help parents/carers to become more reflective.

How does it work? The VIG practitioner takes short videos of the parent/carer together with their child doing an activity they both enjoy and then looks carefully at the video to select 3 short clips when the interaction was going well. The VIG practitioner takes this clip to show the parent/carer and this cycle is repeated between 3 and 7 times.

How might it help? It highlights and builds on the strengths people already have. Seeing yourself communicating well is very empowering and motivating and an understanding of communication can then be taken and applied to any interaction. How to request VIG: Speak to your health visitor or allocated worker about a request for VIG through the Early Help Hub www.cornwall.gov.uk/earlyhelphub

#### **New Booking Platform**

Parents/carers or professionals can access the parenting offer by visiting www.cornwall.gov.uk/parenting.

Parents/carers or professionals will be able to selfbook onto workshops using the parenting booking portal, which can be found at the above website. If a family requires targeted or specialist support, an Early Help Request for help should be made via the Early Help Hub: http://www.cornwall.gov.uk/earlyhelphub.

If parents/carers or professionals would like support booking themselves or a parent/carer onto a workshop, they should contact the Early Help Parenting Team using the contact details below. An advice line will be available Monday - Friday, 9am -5pm to support queries.



#### Further Parenting Support

For further parenting support, including self-help and support from our partner organisations please visit www.cornwall.gov.uk/parenting

#### Contact us

Email: parenting@cornwall.gov.uk

Call: 01872 324323

If you would like this information in another format please contact:

Cornwall Council, County Hall, Treyew Road, Truro TR1 3AY Email: equality@cornwall.gov.uk Telephone: 0300 1234 100







## Parenting Workshops April - August 2024



#### Solihull – Understanding your Child

- Early Years (ages 1-3)
- Primary Years (ages 4-8)
- Transition Years (ages 9-11)

#### **Workshop Description**

Delivered over 10 weeks, each weekly session is 2-hours.

This is an evidence-based workshop that covers topics such as:

- How your child develops
- Understanding how your child is feeling
- Tuning into what your child needs
- Responding to how your child is feeling
- · Different styles of parenting
- Having fun together
- The rhythm of interaction
- Why is sleep important?
- Self-regulation and anger
- Communication and tuning in
- · Looking back and looking forwards

### **(1**)

#### www.cornwall.gov.uk/parenting

#### Workshop Dates

Countywide –	VIRTUAL	
Ages 1-3	Mondays	22.04.24-08.07.24
	18:00-20:00	Virtual MS Teams
Ages 1-3	Wednesdays	05.06.24-07.08.24
	09:30-11:30	Virtual MS Teams
Ages 4-8	Tuesdays	23.04.24 - 25.06.24
	12:30-14:30	Virtual MS Teams
Ages 4-8	Mondays	03.06.24-05.08.24
	18:00-20:00	Virtual MS Teams
Ages 9-11	Thursdays	02.05.24-11.07.24
	12:30-14:30	Virtual MS Teams
Ages 9-11	Wednesdays	08.05.24-17.07.24
	18:00-20:00	Virtual MS Teams
East		
Ages 4-8	Mondays	13.05.24-22.07.24
	09:30-11:30	Wadebridge Family Hub
Ages 9-11	Tuesdays	30.04.24-09.07.24
	12:30-14:30	Launceston Family Hub
Mid		
Ages 1-3	Tuesdays	04.06.24-06.08.24
	12:30-14:30	St Austell Family Hub
Ages 4-8	Thursdays	02.05.24-11.07.24
	12:30-14:30	Newquay Family Hub
Ages 9-11	Fridays	10.05.24-12.07.24
	09:30-11:30	The Park Family Hub
West		
Ages 1-3	Thursdays	02.05.24-11.07.24
	09:30-11:30	Gooseberry Bush Nursery
Ages 4-8	Wednesdays	15.05.24-24.07.24
	09:30-11:30	Helston Family Hub
Ages 9-11	Mondays	13.05.24-22.07.24
	12:30-14:30	Penzance Family Hub
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#### Parents Plus Adolescent Programme

#### **Workshop Description**

Delivered over 9 weeks, each weekly session is 2-hours.

This is an evidence-based workshop that covers topics such as:

- Understanding teenagers
- Pressing the pause button
- Getting to know your teenager
- Establishing rules with teenagers
- Connecting with your teenager
- Communicating rules positively
- · The power of encouragement
- Using consequences
- Active listening
- Creating a discipline plan
- Empowering teenagers
- Dealing with conflict and aggression
- Problem solving with teenagers
- Establishing routines
- Family problem solving
- Parent self-care

#### **Workshop Dates**

Countywide - VIRTUAL				
Ages 12-18	Wednesdays	01.05.24-26.06.24		
	18:00-20:00	Virtual MS Teams		
Ages 12-18	Mondays	03.06.24-29.07.24		
	09:30-11:30	Virtual MS Teams		
East				
Ages 12-18	Thursdays	02.05.24-04.07.24		
	09:30-11:30	Saltash Family Hub		
Ages 12-18	Mondays	13.05.24-15.07.24		
	12:30-14:30	Wadebridge Family Hub		
Mid				
Ages 12-18	Fridays	19.04-24-21.06.24		
	12:30-14:30	The Park Family Hub		
Ages 12-18	Mondays	13.05.24-15.07.24		
	12:30-14:30	Newquay Family Hub		
West				
Ages 12-18	Tuesdays	28.05.24-23.07.24		
	12:30-14:30	Penzance Family Hub		
Ages 12-18	Wednesdays	05.06.24-31.07.24		
	12:30-14:30	Helston Family Hub		

