



# St Mary's News

Friday 9th February 2024

Issue number 740

[www.st-marys-truro.cornwall.sch.uk](http://www.st-marys-truro.cornwall.sch.uk)

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## Half Term Round Up!

Happy half term, everyone! Yet again, we have had a fun filled few weeks here at St. Marys! From Royal Cornwall Museum Trips to Shelter Box visitors and from Numbers Day to probably the most eventful FOSM School Disco to date, the children have had a blast. Here is a photograph round up of our brilliant start to 2024. We hope you have a wonderful half term break, and we look forward to welcoming you back on Monday 19th February.



You're never too young to make a difference.

1 Timothy 4:12





# St. Mary's Staffing

Following the exciting news that Mrs. Bray has been offered a seconded role in school improvement within the Rainbow Academy, we wanted to confirm with parents the planned staffing changes.

After careful strategic succession planning, it has been decided by Governors that Mrs. Stevenson will be stepping into the role as Acting Headteacher at the beginning of the Summer term and will be supported by Miss Rundle and Miss Vowles as our Acting Assistant Headteachers.

Where these staff are carrying out any additional responsibilities, every effort will be made to ensure classes are covered by staff that the children know well and trust.

We would like to thank our parents, carers and everyone within our St. Mary's family for their continued support and we are sure that Mrs. Stevenson, Miss Rundle and Miss Vowles will shine within their new roles.



## Road Safety



We have had a few requests from the neighbours and residents who live near the School, to ask that parents be mindful when parking to drop off and collect their children at the beginning and end of the school day. Please can we ask that parents and carers are respectful and avoid parking across driveways which causes residents to either be blocked in or out of their homes and causes disruptions.

It is also for the safety of pedestrians and road users that the law states 'No Parking' on zig-zag lines. Please also be considerate when driving along these roads. We have had reports that cars have been mounting pavements when pedestrians are walking with children.

Please help us to keep the area outside School as safe as we can by driving and parking responsibly.

Thank you for your continued co-operation.





Creating Your Best Life



Self-care is crucial and self-compassion is the starting point.

Everything is connected. What we put into our bodies impacts our energy levels, which impacts how well we perform inside and outside the classroom.

We all know that looking after ourselves is one of the best things we can do but sometimes we need a gentle nudge in the right direction. This session teaches young (and old!) people positive healthy habits linked to eating, moving and sleeping. Mastering these habits early is the key to feeling great and having an amazing life. Some of the topics covered include screen time, how we have more options than we think, how we learn, the importance of family connection and a strong sense of self.

We are excited to open this session to the whole school community so please attend this session with your children. We are enriching the already thriving community of St Mary's C of E primary, we are fostering a sense of belonging, community and uniqueness.

The session is interactive, practical and great fun. Designed to be positively transformational and equip pupils and adults alike with lifelong tools to facilitate potential, our Art of Brilliance programs are underpinned by cutting-edge research and have been delivered in schools around the world.

We are thoroughly looking forward to joining you; and together we will make a positive difference in your school and community.

Session Date: **Tuesday 20<sup>th</sup> February 2024**

Session Times: **3.30pm – 4.30pm or 4.45pm – 5.45pm**

Book Here: **Your school Gateway account**

For more information please contact: **Laura or Becky in the office**




# BRILLIANT BOOK Fair



2024

## ST MARY'S SCHOOL

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Join us for our brilliant Scholastic book fair in the hall on the 1st and 2nd April after school. Children will visit the book fair throughout the week to look at the latest releases available in fiction and non-fiction. Parents are then invited in to purchase books if they would like. All books purchased will raise much-needed funds for our school library.

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Scholastic Book Fair 1st and 2nd April



# STARS OF THE WEEK

Year R

Sunrise

Reza Mokarram

For persistent effort and progress in phonics and maths

Year 1

Joy

Reuben Norton

For working hard in maths when looking at near doubles

Year 2

Trust

Freddie Booker

For always having a fantastic attitude towards his learning and being an incredible role model to his class

Year 3

Hope

Thaleia Pengas

For dazzling this week in maths, showing an excellent understanding of multiplication and division

Year 4

Friendship

Finley Senior

For spotting patterns and exceptions in mathematics

Year 5

Compassion

Lily stobbs

For fantastic progress in her Star Maths and Star Reading assessments

Year 6

Courage

Bella Clapp

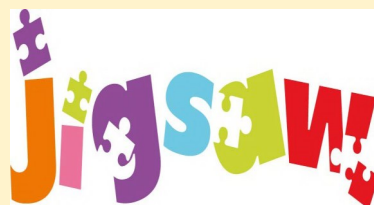
For always having an excellent attitude towards her learning and trying her best in everything she does

# Jigsaw Weekly Celebration

*This week, we will be celebrating  
people who:*

*Help others to achieve their goals*

*Coby Grigg, Sennen Stevenson, Afia Trevaskis, Gabriele Ziliukaite, Luna Rankine, Rosie Gray, Phoebe-Grace Netherton, Zak Abdalla, Monty Cannon, Evelyn O'Reilly, Sam Treganowan, Ivy Wyatt, Ruby Whaley, Lowenna Stevenson, Eliza Shirley, Aiyla Mills, Jack Neil, Annabelle Young, Bethany Bryant-Toy, Elowen Elliott-Bennett, Freddie Green, Freddie Hearn, Prisha Dhumane, Fergus Bennett, Louis Burrows, Max Dougan, Poppy Hagan, Idris Gough, Erica Green, Connor Champion, Toby Duke, Laila Green, Elsie Jones, Oscar Julyan, Zoe Lewis, Isabelle Middleton, Alfie Naylor, Olly Pitt*





# Reading Awards

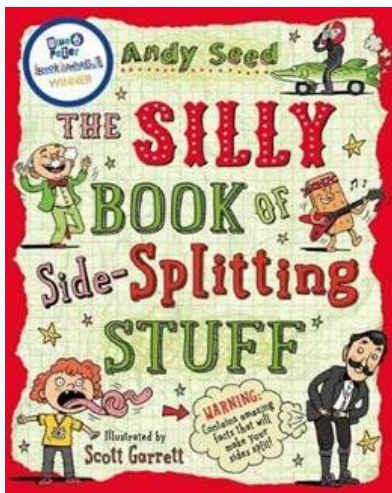


**Bronze:** Freya Wyatt, Luna Rankine, Gabriele Zilukaite, Harvey Chase, Logan McIntosh, Bear Thomas, Hilary Alibuyog, Edith Warner, Chad Currie, Freddie Adams, Isla Tann

**Silver:** Molly Pollard, Ruben Senior, Verity Burrows, Sebastian Hadfield, Arlo Julyan, Sam Morgan, Regan Martin, Harrison Shaddick, River Rose Sharrinton-Jenkins, Sofia Mitchell, Sol Bailey, Emily Bostock, Lox Lowen Walton, Orrin Lewis, Freddie Booker, Monty Cannon, Agnes Richards, Jacob Trenerry-Talbot, Jaxon Mugford, Rex Aucott, Michael Baker, Ethan Barnard, Prisha Dhumane, Alice Jones, Eve Baker, Isaac Shirley, Lacie Salmon, Sophie Bostock, Damian Gabriel-Williams

**Gold:** Isabelle Thompson

## Recommended Read



*The Silly Book of Side-Splitting Stuff*

*Author:* Andy Seed

*Illustrator:* Scott Garrett

Ever wanted to know what kind of animal an aye-aye is? Or how much gravy the boot of a Mini Cooper Convertible can hold? What about which country's residents dine on maggot cheese? Children can find out all the silly things they could ever want to know

in *The Silly Book of Side-Splitting Stuff*.

With a clear, easy-to-read layout, complete with well-placed black and white line drawings, this witty book of facts, stories, jokes and lists covers a wide-range of topics that will have children (and a silly adult or two) laughing out loud, trying out silly things to do and telling all of their friends their new-found silly knowledge.

*Interest Age:* 7+

*Reading Age:* 7+



# Diary Dates

Monday 12th February 2024	Half Term
Monday 19th February 2024	School Opens
Tuesday 20th February 2024	Wellbeing Workshop
Wednesday 20th March 2024	Rocksteady Easter Concert
Monday 26th February 2024	Parents Evening
Tuesday 27th February 2024	Parents Evening
Wednesday 28th February 2024	Parents Evening
Tuesday 26th March 2024	Easter Service - Kenwyn Church
Friday 29th March 2024	Easter Break - Happy Easter!
Monday 15th April 2024	School Opens
Wednesday 1st May 2024	Schoolastic Book Fair
Tuesday 2nd May 2024	Schoolastic Book Fair
Monday 6th May 2024	Bank Holiday
Monday 27th May 2024	Half Term
Monday 3rd June 2024	School Opens
Tuesday 4th June 2024	Hatchbox Class Photographs
Monday 10th - Wednesday 12th June 2024	Year 6 Camp
Monday 17th - Wednesday 19th June 2024	Year 4 Camp
Monday 24th June 2024	Sports Day
Wednesday 17th July 2024	Rocksteady Summer Concert
Monday 22nd July 2024	Inset Day
Tuesday 23rd July 2024	Inset Day
Wednesday 24th July 2024	Inset Day
Thursday 25th July 2024	Summer Holidays Begin!
Tuesday 3rd September 2024	School Opens



# PLACES WHERE KIDS EAT FREE (OR FOR £1) DURING FEBRUARY HALF TERM 2024

[moneysavingcentral.co.uk/kids-eat-free](https://moneysavingcentral.co.uk/kids-eat-free)



## ASDA

Kids eat for £1 All Day, Every Day at Asda cafes, with no adult spend required.

## TESCO

Kids eat free with a purchase of 60p+ from From Mon 12th - Fri 23rd February 2024

## SAINSBURYS CAFES

Kids eat for £1 with the purchase of an adult hot main. From 11:30am every day.

## BEEFEATER & BREWERS FAYRE

Two children under 16 can get a free breakfast every day with one paying adult!

## THE REAL GREEK

Kids under 12 eat FREE every Sunday for every £10 spent by an adult

## GREENE KING PUBS

Kids Eat Free all-day with the purchase of an adult's meal. Deal, Monday-Friday, between Mon 12th - Friday 23rd February 2024

## TRAVELODGE & PREMIER INN

Buy 1 Adult Breakfast from just £8.99 & up to two kids eat breakfast for free

## SIZZLING PUBS

Every Monday to Friday, 3 - 7pm, kids' mains are £1 with every adult meal.

## TGI FRIDAYS

Kids Eat Free When 'Stripes Rewards Members' purchase a full priced adult's main meal (App needed)

## IKEA

Kids get a meal from 95p daily from 11am

## MORRISONS

Spend £4.49 and get one free kids meal all day, every day.

## GORDON RAMSEY RESTAURANTS

Kids under 8 eat FREE all day, every day at selected Gordon Ramsay restaurants

## PRETO

Kids up to age 10 eat free all day, every day with paying adults at Preto in Half Terms

## YO! SUSHI

From Mon 12th - Fri 23rd February 2024 kids eat free with every £10 adult spend

## BELLA ITALIA

Children eat for £1 with any adult main. The offer is valid 4-6pm Mon to Thurs.

## WHITBREAD INNS

Two kids under 16 eat for FREE with every adult breakfast purchased

## DOBBIES GARDEN CENTRES

At Dobbies, for every adult breakfast or lunch purchase, kids eat for FREE. Every Day!

## TABLE TABLE

Two children under 16 can get a free breakfast every day with one paying adult!

## PAUSA CAFE @ DUNELM

Kids get 1 mini main, 2 snacks & a drink FREE with every £4 spend after 3pm

## HUNGRY HORSE

Kids eat for £1 on Mondays

## FUTURE INNS

Under 5s eat for free with any adult meal.

*Shrove Tuesday*



# Pancakes

**In Kenwyn Church**

We invite you to join us

**Tuesday 13th February at 3.30pm**

Activities, Games, Pancakes

And a short 'Thank you' Service

To help us with catering,  
please let Maureen know how many  
adults & children in your party.

[woodhouse222@btinternet.com](mailto:woodhouse222@btinternet.com)

Donations towards costs welcome. Thank you!





## Holiday Clubs

Looking for some fun in the school holidays? Look no further than Imagine Outdoors holiday clubs. These day clubs are a great way for your child to get out and enjoy the great outdoors this school break. With activities from campfire cooking, games, craft and wild walks your child is guaranteed to have a world of excitement. Running at our three different locations in Newquay, Truro and Holywell bay, our instructors are experienced in working with a range of young people and are fun, approachable and friendly.

Imagine Outdoors are pleased to confirm that, should you wish to book your child into their Holiday Clubs, they can offer £10 off.

When booking, enter the below code to redeem:

LJX149

<https://www.imagineoutdoors.co.uk/services-post/holiday-clubs/>



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children's hospice  
SOUTH WEST



The 10th  
birthday of

rainbow  
RUN

# The brightest fun run for everyone!

Saturday 15 June 2024 ☺ RAF St Mawgan, Newquay  
Sign up today! [www.chsw.org.uk/rainbow](http://www.chsw.org.uk/rainbow)

Raising vital funds for children and young people living with life-limiting conditions  
Register early for discounted tickets



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THE BOOK FAIR!

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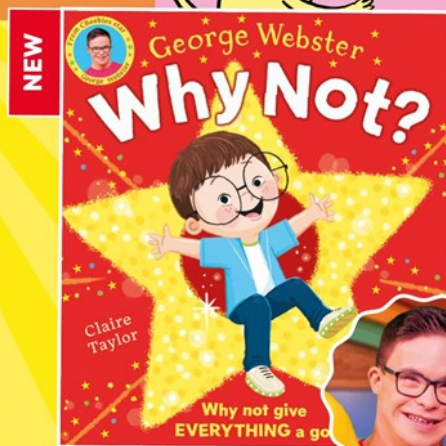


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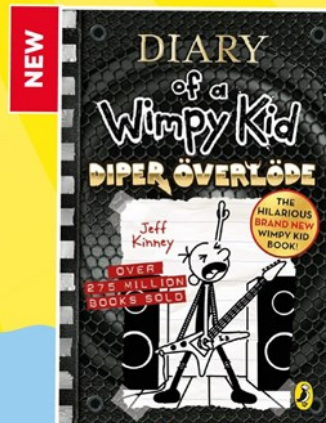


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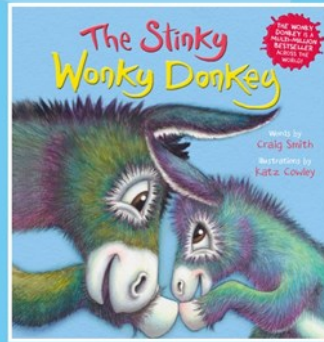
Ages **2+**



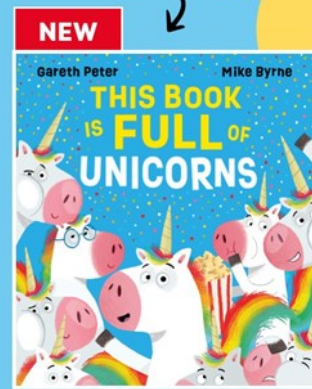
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£6.99 **£4.99**



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**£6.99**



**£6.99**

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£11.98 **£6.99**



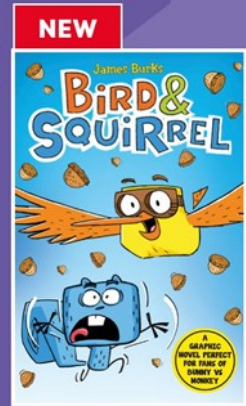
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**£6.99**



£7.99 **£3.99**



**£7.99**



**£3.99**



**£7.99**



£35.94 **£9.99**



**£8.99**

Dig and discover!

EVERY BOOK YOU BUY EARNS FREE BOOKS FOR OUR SCHOOL

Illustrations from This Book is Full of Unicorns © Mike Byrne, 2024



Cracking adventure

Ages **8+**

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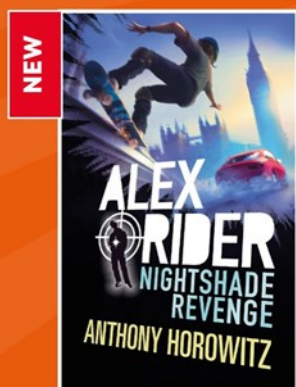
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## Payment at our Book Fair

Please check with your school for the best way to pay for your books

- You can pay online at the Fair via card reader machines if your school has one or by using the online payment link at [www.bookfairs.scholastic.co.uk/pay](http://www.bookfairs.scholastic.co.uk/pay) and simply selecting your school from the drop down menu.
- Pre-paid gift vouchers are available in **£5, £10, £15, £20** and **£25**. Go to [www.bookfairs.scholastic.co.uk/gift-vouchers](http://www.bookfairs.scholastic.co.uk/gift-vouchers) to buy vouchers for your child before the Fair.
- If you can't attend the Fair in person, your child can order books via a Wish List – please ask your school for details.

## HELP EARN FREE BOOKS

Scholastic is one of the largest providers of free books to schools via our Reward scheme which helps to ensure that as many children as possible have access to books that support reading for pleasure. Every time you buy from the Book Fair, you help to make a difference by supporting literacy in your child's setting. Last year, with your help, we gave over £5.3M worth of free books to schools nationwide, which stocked school libraries and classrooms.



\*Free books are subject to terms and conditions. Please contact your Book Fair Organiser or Scholastic Book Fairs for details.

All books subject to availability. Book range may vary. ▲ Warning: Not suitable for children under 3. Small parts.



Together for Families

# Early Help Parenting Newsletter – Spring 2024

**Free** information, support and guidance for parents and carers.

## Need help?

Contact the Early Help Hub on 01872 322277 for support, advice and guidance.

If you have immediate concerns, are worried about a child or young person's safety, please telephone the Multi Agency Referral Unit (MARU) on 0300 123 1116.

## Parenting Support Workshops

We offer interactive parenting programmes both online and face to face. For more information about our parenting support on offer and to book onto a workshop please visit:

[www.cornwall.gov.uk/parenting](http://www.cornwall.gov.uk/parenting)

The programmes currently available are:

**Solihull: Understanding your Child – Supporting parents/carers of children aged 1 to 3, 4 to 8, or 9 to 11 (10 x 2-hour sessions)**

**Take 3 – Supporting parents/carers of teenagers aged 12-17 (10 x 2-hour sessions)**

**Living with Parents – a one day workshop for parents and their young person aged 12 to 17 years.**

**Supporting Healthy Relationships – (3 x 2-hour sessions)**

- **Me, You and Baby Too** (for parents pre-birth – 12 months)
- **Arguing Better** (for parents of children aged 1 – 19)
- **Getting it Right for Children** (for separated/separating parents with children aged 0 – 19)

**Understanding your Child with Additional Needs – a self-guided course accessed through Solihull:**

<https://inourplace.heiapply.com/online-learning/course/36>. To access the course, please register for an account using the code TAMAR

- If accessing from a computer, please [click here](#)
- If accessing from a mobile/tablet, please [click here](#)

## Bitesize Parenting

Bitesize parenting workshops are weekly 2-hour sessions (12:30 – 14:30) delivered by our parenting team to support on a wide range of topics. Please book on by visiting [www.cornwall.gov.uk/parenting](http://www.cornwall.gov.uk/parenting)

Date	Bitesize Child (for parents/carers of children aged 4-11)
06.02.24	Remaining Calm
13.02.24	Praise and Rewards
20.02.24	Technology and Safety
27.02.24	Sibling Rivalry and Conflict
05.03.24	Bullying
12.03.24	Special time with your child
19.03.24	Supporting Education and School
26.03.24	Routines and Boundaries
Date	Bitesize Teen (for parents/carers of young people aged 12-19)
07.02.24	Sibling Rivalry and Conflict
14.02.24	Teenage Brain
21.02.24	Supporting Education and School
28.02.24	Mental Health and Wellbeing
06.03.24	Remaining Calm
13.03.24	Drugs and Alcohol
20.03.24	Technology and Safety
27.03.24	Body Image

“I found the agreements and I-statements to be valuable tool to tackle this week. You (the facilitator) have been amazing. Very clear messaging every week.”

– Parent of teenager attending Take 3



## Positive Parenting Top Tip!

### Special Time – Let's Play

Parents need to juggle a lot of different roles in the family, and we can sometimes overlook playing with our children. Children need our attention, and they will gain that any way they can. Giving more positive attention to your child in positive situations, will reduce the need for them to gain attention through negative situations.

We challenge you to spend a minimum of 10 minutes a day of quality, child led play time with your child. This will help your child's self-esteem, mental and emotional health, social skills, communication skills, relationships, and behaviour issues.

So put down your phones, leave the dishes until later and go and get involved in your child's play, they will love you for it.

## Service Spotlight

Parent Carers Cornwall is run by parents and carers and our aim is to support and offer guidance to families who have a child with SEND 0-25 years of age.

Our aim is to gather information from Parent Carers and using these unique shared experiences, we take part in consultations and participation work which helps us to shape the development and delivery of services to our children. We also pass on information to families via a newsletter and e-bulletin, arrange coffee and chat sessions and organise training and workshops for parents.

Support is offered to families to help complete DLA/PIP forms if required.

We are on all social media channels as Parent Carers Cornwall or for any information please contact us through our website

<https://parentcarerscornwall.org.uk/>



## New Booking Platform

Parents/carers or professionals can access the parenting offer by visiting [www.cornwall.gov.uk/parenting](http://www.cornwall.gov.uk/parenting).

Parents/carers or professionals will be able to self-book onto workshops using the parenting booking portal, which can be found at the above website. If a family requires targeted or specialist support, an Early Help Request for help should be made via the Early Help Hub: <http://www.cornwall.gov.uk/earlyhelphub>.

If parents/carers or professionals would like support booking themselves or a parent/carer onto a workshop, they should contact the Early Help Parenting Team using the contact details below. An advice line will be available Monday – Friday, 9am – 5pm to support queries.



Parenting children aged 0 to 11

SELECT A SERVICE

Virtual - Understanding your child (ages 1 to 2) ☐  
We is a virtual consultation in video. [Find more](#)  
2 hours ☐

Understanding your child (ages 1 to 2) Family Hub ☐  
We is a virtual consultation in video. [Find more](#)  
2 hours ☐

Understanding your child (ages 1 to 2) Family Hub ☐  
We is a virtual consultation in video. [Find more](#)  
2 hours ☐

Understanding your child (ages 1 to 2) The Path Family Hub ☐  
We is a virtual consultation in video. [Find more](#)  
2 hours ☐

## Further Parenting Support

For further parenting support, including self-help and support from our partner organisations please visit [www.cornwall.gov.uk/parenting](http://www.cornwall.gov.uk/parenting).

## Contact us

Email: [parenting@cornwall.gov.uk](mailto:parenting@cornwall.gov.uk)

Call: 01872 324323

If you would like this information in another format please contact:

Cornwall Council, County Hall, Treyew Road, Truro TR1 3AY

Email: [equality@cornwall.gov.uk](mailto:equality@cornwall.gov.uk) Telephone: 0300 1234 100



**CORNWALL COUNCIL**  
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Together   
for Families



[www.cornwall.gov.uk](http://www.cornwall.gov.uk)





# WOMEN'S SQUASH



TRY SOMETHING NEW  
MAKE NEW FRIENDS  
GET FIT

Whether you're a beginner, an experienced player, or you just haven't played in a while, come and join our female-only, fun and friendly sessions.

Tuesday evenings  
7:30 – 9:00 PM

Truro Squash and Leisure Club  
£3 a session



To get involved, contact Claire or Holly at  
[womenssquashtruro@outlook.com](mailto:womenssquashtruro@outlook.com)



# Half Term Holiday Camps



## Softball

For school years 1 to 4  
Tuesday 13th February  
10am to 3pm  
£15



## Hardball

For school years 5 to 8  
Wednesday 14th February  
10am to 3pm  
£20



## U13 Indoor Comp

Thursday 15th February  
10am to 3pm  
Team of 6  
£30



## At Cornwall Cricket Centre

Truro College Campus  
Truro  
TR1 3XX



*To book scan the QR Code or use the link in the text*